**Syllabus for Alternative Behavior Choices Domestic Violence Program**

Lessons 1-3: Characteristics, Causes & Consequences; Lessons 4-9: Managing Emotions; Lessons 10-16: Building Relationship Skills

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
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| 13 | 1. Speaking skills/ assertiveness |  |  | 39. | 1. Emotions | Jealousy | 67 |
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